

Paste Your Family Picture



Hi young Friends! My family is a joint family. A joint family is the family, in which we live with our grandparents, parents, brothers, sisters, uncles, aunts and cousins. Now, tell about you.

Your father's name	Your sister's name
Your mother's name	Your uncle's name
Your grandfather's name	Your aunt's name
Your grandmother's name	Your cousin brother's name
Your brother's name	Your cousin sister's name
	Life Skills 7



- Tick (\checkmark) for a good habit and cross (X) for a wrong one. A.
 - Bathing once a week. 1.
 - Brushing your teeth twice a day. 2.
 - Sleeping at 10 o'clock every night. 3.
 - Waking up at least an hour before school starts. 4.
 - Wasting a little of your food. 5.
 - Packing your school bag a night before. 6.
 - 7. Switching off the light when you leave a room.
 - Checking your nails. 8.
- В. Tick (\checkmark) the right thing to do in the following cases.
 - While playing in the ground, your friend fall down and hurts his knee. 1.
 - Hold him tight and start crying
 - Keep playing because it is his problem b.
 - Call an adult for help c.
 - One of your best friend has forgotten to bring his/her tiffin. 2.
 - Turn away and gobble up your tiffin fast a.
 - Give him/her all your tiffin and you stay hungry b.
 - Offer to share your tiffin with him/her
 - 3. When a stranger beats you on the way to school.
 - Gang up with your friends and beat him up the next day a.
 - Tell him that you will give him a chocolate every day if he stops b.
 - Tell your teacher c.
 - You have forgotten to do your homework. 4.
 - Burst into tears a.
 - Think fast and tell the teacher that a relative was very sick b.
 - Tell your teacher that you are sorry and promise not to forget again

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1-8

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Identify these activities and then draw hands on the clocks to show the time when you do these things.



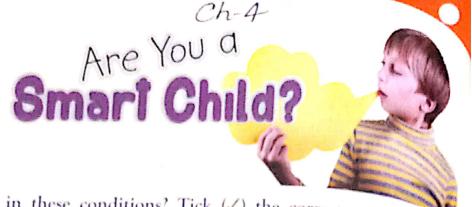












What would you do in these conditions? Tick (🗸) the correct option in each

- If you are playing with your friend
 - a. You would push him to have fun.
 - b. You would wait for your turn.
- 2. If you are climbing up or down the stairs
 - a. You would climb in a queue.
 - b. You would start playing just in middle of the stairs.
- 3. If you want to enter the classroom
 - a. You would enter without saying anything.
 - b. You would ask your teacher before entering.
- 4. If your friends are making fun of a boy
 - a. You would also join them.
 - b. You would ask them not to do it.
- 5. If your mother is serving food to you
 - a. You would start eating as soon as she serves.
 - b. You would wash your hands before eating.
- 6. If your shoes are lying on the floor
 - a. You would place them on proper place.
 - b. You would let them remain as such.





Ch-5 Good Habits

Let us learn about some good habits which we should follow for a healthy life.



Wake-up early in the morning.

Make exercise a part of our daily routine as it keeps us healthy.





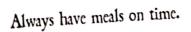
Brush the teeth and take a bath before going out.

Reach school at time.





Pray to God always as he is the creator of the world.







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Following the rules of the games in the playground.

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Respect our parents and seek their blessings.